

DARE TO DREAM

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7-9PM MDT - ZOOM



NO ONE STANDS ALONE
FOUNDATION

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When was the last time you dared to dream?

when did we lose our sense of awe and wonder?

What dreams have you given up on?

Hope deferred makes the heart sick, but a dream fulfilled is a tree of life.
PROVERBS 13:12

What is hope deferred?

Effects of deferred Hope

- Giving up on dreams
- Trying to fulfill the dream yourself
- Burying the dream so you don't think about it
- Belief that it will never happen for you
- Wondering what you did wrong

How do we revive hope?

- Trusting God with our dreams
- Believing that we are not done yet
- Knowing that life is a journey and not all dreams are achieved early in life
- Being prepared to keep trying even if you fail more than once

Do you remember the story of Abraham? Write down some of the key lessons we can learn from his story

A shift in perspective is how we become dreamers again. Not seeing things as they are now, but how they could be in the future.

What perspectives in your life do you need to shift?

For I know the plans I have for you," says the Lord. "They are plans for good and not for disaster, to give you a future and a hope.

JEREMIAH 29:11

What stops us from Dreaming

- Feel we don't have value, we don't deserve it
- Comparison with other peoples journey's
- Feeling like we have missed our opportunity (You might be thinking: it's too late, I'm too old, it will happen for everyone else but not me, I am too broken, I have too many problems to try to pursue my dreams.
- Fear of not measuring up, fear of failure
- Believing the words spoken over our lives

Why has it been difficult for you to dream in this season?

Our Perspectives dictate our reality

- You can either allow yourself to be miserable or you could choose to be happy.
- Choose to be the happiest, most grateful person anyone has ever seen in your circumstance
- Don't believe that where you are right now is the end of your story.
- Your future hasn't happened so why don't you write how your story ends?
- Take God at his word.

How do the statements above change the way you look at your life and what you can expect for your future. In what ways does it challenge the way you currently think?

What does God say about your future?

- Philippians 1:6
- Romans 15:13
- Proverbs 19:21
- Proverbs 3:5-6
- 2 Corinthians 4:16-18
- Lamentations 3:21-23
- Proverbs 16:2
- Romans 8:18
- Isaiah 55:8-9
- Psalms 23:6
- Romans 8:28
- Jeremiah 29:11-13
- Psalm 119:114
- Jeremiah 31:17
- Proverbs 23:17-18
- Joshua 1:9
- Ecclesiastes 3:1
- Job 8:7
- Isaiah 40:9, 31
- Psalm 32:8
- Psalm 37:25,37
- Romans 8:32
- Proverbs 24:13-14
- Matthew 6:31-33
- Ephesians 2:10
- Psalm 130:5
- John 10:27-29
- Hebrews 13:5
- Isaiah 43:2
- Isaiah 26:3
- Proverbs 16:3
- Luke 12:32
- Psalms 31:24
- Psalms 33:22
- Palms 42:11
- Micah 7:7
- Romans 5:5-54
- 1 Corinthians 13:13
- Hebrews 11:1

I pray that God, the source of all HOPE, will fill you completely with joy and peace because you trust in him. Then you will overflow with confident hope through the power of the Holy Spirit.

Romans 15:13

How to transform adversity into opportunity

The only choice any of us have in the face of adversity is How am I going to respond?

- Victim mentalities do not serve us, it is what will keep us stuck in lives without purpose or fulfillment
 1. Accept reality for what it is.
 2. Be at peace with what I cannot change.
 3. Be grateful for what I have.
 4. Take responsibility for creating the life I want despite of my current circumstances

“You are just as worthy, deserving and capable of creating anything you want for your life as any other person on earth.”

Hal Elrod

Hope Deferred means:
to put off to a latter time or postpone.

Why don't we CHOOSE to HOPE now despite what our current reality is. Lets not put off hoping and dreaming even for one more moment. We have the power to choose!

"You must learn a new way to think before you
can master a new way to be."

- Marianne Williamson

Activation

WHAT DOES YOUR FUTURE LOOK LIKE?

Dreaming can be scary, we have this perception that if the things we hope for don't happen the way we want or in the timeline we want we somehow have messed up or missed our moment.

Dare to dream. Dare yourself to picture what you would like your future to be like. What has God spoken to you about your future? What desires have you had that have been buried under the rubble of life?

It is only when you can see it in the eyes of faith that you will start moving in that direction. Allow yourself to imagine what things would be like if you no longer struggled with your health, had more income, were out of debt, could reconcile with a loved one, pursued a passion of yours or achieved a level of success in an area of interest.

What are your dreams, unearth the ones buried, also stretch yourself to look at the future and what do you want the end of your story to be like. Write them all down. Then make small steps towards them each day.

3 Keys to Remember

01

HOPE DEFERRED IS MEANT TO BE MOMENTARY NOT A LIFE SENTENCE. FEEL THE GRIEF OF WHAT YOU LOST IN THE MOMENT THEN GET BACK UP AND PURSUE YOUR DREAMS.

02

IN EVERY MOMENT OF LIFE YOU GET TO CHOOSE THE OUTCOME. IT IS A MINDSET SHIFT THAT WILL PROPEL YOU TOWARD THE FUTURE YOU WANT TO HAVE.

03

NO MATTER WHAT OTHERS HAVE SAID ABOUT YOU, YOUR FUTURE OR YOUR CURRENT CIRCUMSTANCE, CHOOSE TO BELIEVE WHAT GOD SAYS ABOUT THOSE THINGS. HE KNOWS BETTER THAN ANYONE ELSE.

“The future belongs to those who believe in the beauty of their dreams.”

Eleanor Roosevelt

Your life is like a canvas and your words are the paint, and what you put on the canvas becomes your future.

Leslie Bernes